

2026 sacrededge Cradle of Life

Profile: Carole Poustie

Once upon a time Carole (She/They) worked with children—singing, dancing and playing the days away as a primary school performing arts teacher ... until her passion for words tugged them towards a change of focus. And now their time is devoted to all things writerly.

Carole's keen interest in the transformative power of story has led her on a fascinating journey into the connection between the self and the alchemy of the poem and the process of writing in general—whether that be via keeping a journal, reading or writing poetry or prose, analysing dreams ... This aspect is an integral part of her own creative writing practice and teaching.

As an experienced teacher of creative writing, Carole is known for establishing a safe and inclusive space for participants to share their stories—sometimes deeply personal and raw.

If they're not writing, you might find Carole out on the beach monitoring and photographing the endangered hooded plover, playing guitar or writing a song, reading a picture book to her little grandchild, attending to someone's story in their listening role for the WellSpring Centre—

Or simply daydreaming ... conjuring up the next story.

