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Profile: Andy Green

Andy Green commenced meditation practice at the age of twenty and a little later combining this with Yoga practice. He taught Yoga and meditation for 16 years. He started Tai Chi when he was 23 and has practiced Tai Chi, Bagua, and Qigong for over 45 years. Andy has trained with different Masters, studied in China at the Shaolin Monastery, and in the Taoist heartland in the Wudang Mountains in China. He is the director of the Wu Wei School and a member of the Wushu and Tai Chi Practitioners Association of Australia.

As a philosopher Andy is true to the meaning of the word – a lover of wisdom. This curiosity led him to pursue philosophy at university where he completed a degree. However, he found academic philosophy severely limiting as he was after an experiential understanding of living. He was to explore further into the realms of healing, meditation, natural medicine, and mental health, and to experience the oneness of Being. He continues to teach meditation, Tai Chi, and Qigong, and has now published his first book – Being: experiencing a numinous reality. Andy will demonstrate – with participation – the generation of a healing Chi field.

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Festival
arts • music • stories



Andy Green
Tai Chi